CLAIMS

The invention claimed is:

1. A baseball bat grip, comprising:

at least one protrusion thereon, said protrusion serving to maintain a user's at least one hand in position during the course of a swing of the bat.

2. A baseball grip, comprising:

a pair of protrusions each adapted to be received by a V-shaped portion on one of the user's right or left hands;

said protrusions acting in concert to prevent any transfers slippage of user's grip during a typical swing.